

## *Chili in a Jar*

### **You will need:**

2 pounds ground beef  
2 tomatoes diced  
3 quarts stock  
1 (8oz) can tomato paste  
salt and pepper

1. COOK GROUND BEEF IN A LARGE POT.
2. ADD IN CONTENTS OF THE JAR, TOMATOES, STOCK, AND TOMATO PASTE, SALT AND PEPPER TO TASTE.
3. BRING TO A BOIL, REDUCE TO A SIMMER, COVER AND COOK FOR AT LEAST 3 HOURS.

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